

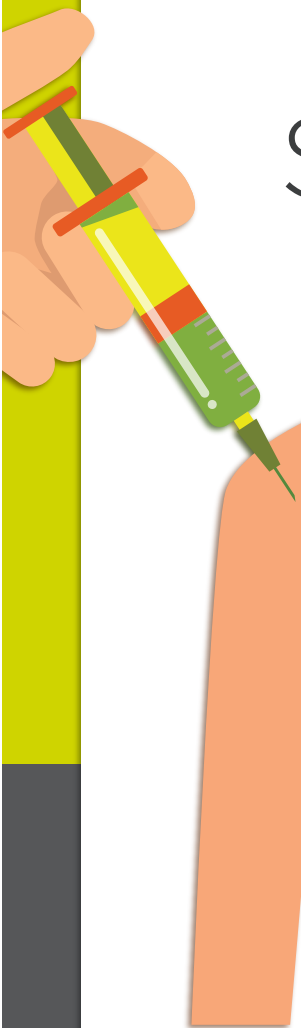
# FLU VACCINE

## *GET A SHOT, SAVE A LIFE!*

**WHEN:** GET VACCINATED EARLY- BEFORE THE END OF OCTOBER. IT USUALLY TAKES TWO WEEKS FOR YOUR BODY TO DEVELOP ANTIBODIES

**WHO:** EVERYONE 6 MONTHS OF AGE AND OLDER SHOULD GET A FLU SHOT EVERY YEAR AS EARLY IN THE SEASON AS POSSIBLE, STARTING IN SEPTEMBER.

## SIDE EFFECTS



While a flu vaccine cannot give you flu illness, there are different side effects that may be associated with getting a flu shot. These side effects are mild and short-lasting, especially when compared to symptoms of a bad case of the flu.

*Do I really need a flu vaccine every year?*

**The virus mutates and thus the vaccine must be updated each year.**

**Yes!**

*Can the flu shot give you the flu?*

**No!**

*Is it better to get the flu than the flu vaccine?*

**No!**

**The flu can be a life threatening illness!**

*What about people who get a seasonal flu vaccine and still get sick with flu symptoms?*

**Symptoms are typically due to other virusus (such as the common cold) or an exposure just prior, or immediately following vaccination.**

**INFLUENZA IS A SERIOUS DISEASE THAT CAN LEAD TO HOSPITALIZATION AND SOMETIMES EVEN DEATH**

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