## FLU VACCINE GET A SHOT, SAVE A LIFE!

WHEN:

GET VACCINATED EARLY- BEFORE THE END OF OCTOBER. IT USUALLY TAKES TWO WEEKS FOR YOUR BODY TO DEVELOP ANTIBODIES

WHO:

EVERYONE 6 MONTHS OF AGE AND OLDER SHOULD GET A FLU SHOT EVERY YEAR AS EARLY IN THE SEASON AS POSSIBLE, STARTING IN SEPTEMBER.

## SIDE EFFECTS



While a flu vaccine cannot give you flu illness, there are different side effects that may be associated with getting a flu shot. These side effects are mild and short-lasting, especially when compared to symptoms of a bad case of the flu.

Do I really need a flu vaccine every year?

The virus mutates and thus the vaccine must be updated each year.

Yes!

Can the flu shot give you the flu?



*Is it better to get the flu than the flu vaccine?* 



The flu can be a life threatening illness!

What about people who get a seasonal flu vaccine and still get sick with flu symptoms?

Symptoms are typically due to other virusus (such as the common cold) or an exposure just prior, or immediately following vaccination.

INFLUENZA IS A SERIOUS DISEASE THAT CAN LEAD TO HOSPITALIZATION AND SOMETIMES EVEN DEATH

(435) 613-2200 www.gagonfamilymedicine.com